

Meals

The suggested donation for a person over 60 years of age is \$4.00; for a person under 60 years of age is \$7.50.
Reservations must be made by noon the day BEFORE you wish to eat by calling 402-643-4466.

MENUS ARE SUBJECT TO CHANGE - 1% MILK AND WHOLE WHEAT BUNS SERVED WITH EVERY MEAL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CLOSED HAPPY NEW YEAR	2 LASAGNA Mix Vegetables Garlic Bread Pears	3 FRIED CATFISH French Fries Brussel Sprouts Rye Bread Blueberries
6 SLOPPY JOE Roasted Potatoes Sweet Pepper Slaw Pineapple	7 JUMBO SHRIMP French Fries Three Bean Salad Fruit Cup	8 BIRTHDAY/ANNIV CHICKEN FRIED STEAK Mashed Potatoes Carrots Cake	9 CHICKEN TENDERS Beets & Onions Potato Salad Apple Slices	10 FISH SANDWICH Macaroni Salad Broccoli Peas
13 OPEN FACE HOT BEEF Peas Tapioca Pudding	14 BREADED TILAPIA Broc Parm Pasta Baked Beans Fruit Cup	15 HAMBURGER PIZZA Salad Breadstick Fruit Cup	16 BREAKFAST BUSCUITS & SAUSAGE GRAVY EGGS Orange & V8 Juice Fruit Cup	17 RUNZA Salad Root Beer Float Fruit Cup
20 CLOSED	21 TUNA CASSEROLE Peas & Carrots Pears	22 ORANGE CHICKEN Fried Rice Peas & Carrots Strawberries	23 POTATO BAKE	24 CHICKEN SALAD CROISSANT Roasted Red Pepper Gouda Soup Blueberries Crackers
27 BROC CHEESE SOUP Turkey Sandwich Banana Peaches	28 FRIED CHICKEN Coleslaw Green Beans Strawberries	29 BEEF CHILI Cinnamon Roll Cheese Stick Crackers Blueberries	30 BEEF TIPS Mashed Potatoes Peas Banana	31 Chicken Cordon Bleu Pasta Salad Asparagus Fruit Cup

Birthdays

02 SHERRY SCHULTZ	21 KEN MILLER
04 DENNIS MCMANN	26 JANET ODVODY
06 MARILYN VOGT	26 DAN FORST
10 RUTH GRIMES	27 KATHY HOLMES
11 NORMA TROESTER	29 CHERYL ZUMPFE
18 LOREN TOOVEY	29 MERLIN CAMPBELL
20 AGNES JANDA	30 JUDY ADAMS

Anniversaries

11 BOB & VLASTA DAHMS
27 ED & CAROL ZAK

Events

MON	TUES	WED	THURS	FRI
		1 CLOSED HAPPY NEW YEAR	2 9 AM Resistance Bands 10 AM Body Basic 1 PM Liverpool Rummy	3 8:30 or 9:30 AM Tai Chi 9 AM Donuts - Coffee 1 PM Hand & Foot 2:30 PM Tai Chi
6 9 AM Yoga 1 PM Pitch 2:30 PM Tai Chi	7 9 AM Resistance Bands 10 AM Body Basic 1 PM Hand & Foot	8 BIRTHDAY/ANNIV 9 AM QI Gong 11:30 AM <i>Blood Pressure</i> 1 PM <i>Luke Eckles Pianist</i> 2:30 PM Tai Chi	9 9 AM Resistance Bands 10 AM Body Basic 1 PM <i>Senior Scam</i> <i>Prevention NE</i> <i>Attorney General's</i> <i>Office</i> 2 PM Liverpool Rummy	10 8:30 or 9:30 AM Tai Chi 9 AM Donuts - Coffee 1 PM Hand & Foot 2:30 PM Tai Chi
13 9 AM Yoga 1 PM Pitch 2:30 PM Tai Chi	14 9 AM Resistance Bands 10 AM Body Basic 1 PM <i>Dominos</i>	15 9 AM QI Gong 1 PM Pitch 2:30 PM Tai Chi	16 BREAKFAST 9 AM Resistance Bands 9:30 AM <i>Breakfast Bingo</i> 10 AM Body Basic 1 PM Liverpool Rummy	17 8:30 or 9:30 AM Tai Chi 9 AM Donuts - Coffee 1 PM Hand & Foot 2:30 PM Tai Chi
20 CLOSED	21 9 AM Resistance Bands 10 AM Body Basic 1 PM Hand & Foot	22 9 AM QI Gong 1 PM Pitch 2:30 PM Tai Chi	23 9 AM Resistance Bands 10 AM Body Basic 1 PM Liverpool Rummy	24 8:30 or 9:30 AM Tai Chi 9 AM Donuts - Coffee 1 PM Hand & Foot 2:30 PM Tai Chi
27 9 AM Yoga 1 PM Pitch 2:30 PM Tai Chi <i>Foot Clinic</i>	28 9 AM Resistance Bands 10 AM Body Basic 1 PM <i>Dominos</i>	29 9 AM QI Gong 1 PM Pitch 2:30 PM Tai Chi	30 9 AM Resistance Bands 10 AM Body Basic 1 PM Liverpool Rummy	31 8:30 or 9:30 AM Tai Chi 9 AM Donuts - Coffee 1 PM Hand & Foot 2:30 PM Tai Chi